

Snapshot

APL Global School E-magazine

Jan 2019

Issue No.23

Hot News
Super Stars of tomorrow

EXPRESSIONS UNLIMITED

Broader outlook towards life

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Editorial

Guess what?!

As we usher in 2019, it's the right time to release another spectacular issue of APL SnapShot! We are proud to present to you the 23rd edition of SnapShot.

2018 has been a year filled with rollercoaster rides and all of us have embarked on various adventures that allowed us to grow to be individuals embracing the values of respect, resilience and responsibility. With our mocks and CAIE examinations right around the corner, it's finally time we showcase what we have learnt... and read this issue, that all of us at SnapShot Club have put together.

To kick start 2019, we've got Hot news about our inspiring APL stars, who have reached astounding heights in their academic performances as well as a quick insight on the junior cultural evening, and the school's first ever Girl Up Bake sale. In addition, there are some thought-provoking articles on Sexism and the infamous Bermuda Triangle. You can see our talented artists and photographers display their wondrous abilities in Open Boat. Don't forget to check out the Junior Corner. We've got students who have dug deep and let their creative juices flow by writing some creepy horror stories that might not let you have that beauty sleep. Also, did you know that teachers have mentors too, just like us? (You can skip right over to page 32 for more information.)

Under Expressions Unlimited, you can find out what the clubs in our school have been doing last year. Before we forget, there are 2 new Expressions' Clubs led purely by students, called APL Girl Up (which focuses on matters related to Gender Equality) and the Screen Writing Club (which teaches students basic screen writing skills)!

As usual, we have our adorable and bubbly pre-schoolers' segment called Tiny tots and for more artworks do go ahead to Junior Corner and Tiny Tots on page 22-28. Finally, if you would like some delicious recipes from our young chefs, head over to Potpourri for more details.

Finally, I would like to sign off by wishing you all a blessed and prosperous 2019 and we hope to catch you all next time! Good day!

~Tanushah, Gr 11 D



Editorial Team

Content: Snapshot Club Team

Designers: Anish, Brahadeshwar, Krish, Madhav

Disclaimer:

We acknowledge that some of the images used are from the internet, modified to suit our educational magazine and not intended for any commercial purposes.

The Academic Stars of APL

The exam process has been a very difficult and weary process for everyone. Students have had to study an enormous amount of hours while also balancing the activities in their personal lives. Everyone has managed to secure wonderful marks but some have secured phenomenal marks!

Introducing **"The Academic Stars of APL"**:

'Cambridge Outstanding Learner Awards' for the **November 2017 and Mar- June 2018 examination sessions.**

Kavisha Kamalanathan, High Achievement Award for AS level in Classical Studies.

Gyanaswaroop Srinivasan, Top in country for AS level in Mathematics.

Gyanaswaroop Srinivasan, Top in country for A level in Computer Science.

Aniroodh Kumaraja, High Achievement Award for AS level in Music.



Aniroodh Kumaraja



Gyanaswaroop Srinivasan



Kavisha Kamalanathan

The Scintillating Junior Cultural Evening

The Cultural Evening of Grade 3 to Grade 7 on December 14th brightened up the evening like an LED light would brighten a room. The performances of Grades 3 to 7 was fabulous. As part of the Theatre group in the Grades 6 to 7 Cultural Evening, I enjoyed the enthralling experience. The students worked hard everyday to perfect their performance. One of the reasons for the spectacular performance was the hard work of the coordinating teachers and Dushyant Sir, Victor Sir and Prashant Sir and thanks to them for spending their time, energy and hard work which made our Cultural Evening a blast. Importantly, all of this would not have been possible without the APL Faculty and Principal Kiran Merchant Ma'am for providing us this marvelous stage to express our talents.

- Tarun Hariharan, Gr 7 D



Girl Up Senior Bake sale

The Girl Up Senior Bake sale, the first ever, to be held in **APL Global School**, was one that was highly successful and managed to bring students together to join a global movement and play a part in raising funds for those children in impoverished countries.

Girl Up is a campaign by the **United Nations Foundations**, aimed at promoting the ideology of gender equality and feminism – which states that all genders should be given equal rights, economically, socially, politically and personally. Every year, Girl Up clubs from all around the world are given a set of challenges that they must strive to complete. For this year, one of the challenges was **#giveherafuture**. This challenge's agenda was to fundraise for the refugee girls in Uganda (which is one of the 6 focus countries of Girl Up) to receive a proper education.

From the beginning, many members wanted a bake sale to take place in our school. This proved to be the best opportunity as it fulfilled the wants of the members as well as gave us a chance to complete our task. The menu consisted of sugar cookies, marble cakes, chocolate chip cookies, and everyone's favorite, brownies!

The Bake Sale ended up being a brilliant way for students to showcase their baking skills, their artistic talents and most importantly their unity and ability to be quick thinkers in tackling difficult situations.

- **Tanushah, Gr 11**



SPORTS DAY - SENIOR

The much awaited senior sports meet was held on 11th January 2018. It is one of the most momentous occasions of our school. Our chief guest Ms. Marieen Vijay was well on time. She declared the sports meet open after the oath taking ceremony. The students performed drills with different props and the audience really enjoyed it. There was a kalari performance which was extraordinary. The pyramids by the boys and girls was as usual spectacular. The sports day came to a close with the prize distribution and the chief guest declaring the sports meet close.

- **Soumil, Gr 9**



ANNOUNCING RESULTS!

MAY - JUNE
2018

A Level



Preston Sundar
Computer Science - A*



Shrinidhi Kannan
Business, Psychology – A*



T. Sachin Krishan
Computer Science – A*



Ruthu Hulikal
Mathematics – A



Sneha Sriram Kannan
Computer Science - A*



Poorvesh M
Computer Science,
Physics - A



Gnanaswarup Srinivasan
Computer Science - A*



Saleema Ibrahim
Chemistry – A*,
English Language – a^



Sneha B
Literature in English – A



Rudra Narayan
Literature in English – A

AS Level



Shakthipriya Nandakumar
Chemistry, Physics – a^



Trissha A Dhillip
Physics – a^



Amirtha Sridharan
Physics – a^



Pranav Govindavasan
Art and Design – a^



Sumaiyya Hairu Anas
Literature in English – a^

ANNOUNCING RESULTS!

AS Level

MAY - JUNE
2018



Hamsini Sai Pratapa
Psychology, Sociology – a[^]



Manasa Rao
History – a[^]



Harikesh Kumar
Computer Science – a[^]



Arfa Ayesha
Mathematics – a[^]

Jgese



Aaron David
Mathematics – A



Aaryan I Sarma
Mathematics – A*



Chaitanya Pemmasani
Mathematics – A



Priyadarshini
Travel and Tourism – A



Adhish Jayaprakash
Art and Design – A



Pranav Satheesh
Mathematics – A



Rohith Sudarshan Anand
Mathematics – A



Eshan Sai Venkatesh
Music – A



Veda Ramakrishnan
Mathematics – A*



Hrsh Venkat
Mathematics – A*



Hawon Yoon
Mathematics – A*

★ **B.K. Cyndia**
Economics – A

Sexism

This planet belongs to all those who live in it. No matter who we are or what we are, we are all here for the same reasons and we all deserve the same things. Then why are women being suppressed? Men are assumed to be the primary audience for pretty much everything, even our language is structured with men in mind. Being a woman isn't easy. From the moment we are conceived, boys and girls are subjected to stereotypes. Even today, women are forced to meet the criteria given to us by society. There are a few big issues that get the most media attention: The wage gap, harassment, equal division of childcare, media representation, and discrimination in the workforce. We've already talked about daily microaggressions most women experience, but the challenges we face go way beyond other people's sexist behaviors. Study after study has shown that women don't just deal with a wage gap — we also pay a "pink tax." It's a questionable name, but the phenomenon itself is very real: Women's products cost much more than men's, and over a lifetime, women can end up paying thousands more than a man for the same kind of products.

Another place where we experience this is in health care. This is a real story from The Guardian from a few months ago:

As is often the case, I was in a multi-disciplinary meeting of heart doctors as the only woman. It's a situation that I have become uncomfortably comfortable with. The meeting began and our first patient was a woman in her 40s. She had been seen by doctors in the community and at the local emergency department with pain in her arm and shortness of breath. Each time, the diagnosis was anxiety. Finally, someone did a blood test called a troponin, a marker of heart injury. "Just in case," was the reason given. The test showed that the cause of the symptoms was indeed a heart attack. More tests showed the culprit, a tight blockage of the coronary arteries starving her heart intermittently of oxygen. As the men in the room discussed the possible treatments for the woman, they kept coming back to the fact that "she had no symptoms". I found my voice. "But she does have symptoms, they're just not male-type symptoms. Look at her, she has had her symptoms attributed to anxiety on at least three occasions. It's very typical of how we manage women's health". Some stared blankly at me. Others rolled their eyes. One educated me on the science behind symptoms and how that correlated with treatment, as if I didn't know. All of a sudden I felt like I had been lumped in the same basket as this patient: melodramatic, pushy and anxious. The fact is, when it comes to women's health, and in my field specifically – women's heart disease – women are dismissed. Women are also conditioned to dismiss their own symptoms for fear of appearing "silly", and health care professionals such as doctors and nurses do the same. Over and over again, this dismissal of a woman's symptoms leads to delays in diagnosis, treatment and could cost lives.

- Tulasi Arvind, Taranya Balamurugan and Freneta Amalraj of Gr 9



Literacy Rates

4% GDP

That is all the money currently spent by the government on student literacy. This meagre obstacle hampers our nation from becoming a world power. But why our country, a land full of young intellectuals, did not reach the literacy average?

There is no individual reason that could be picked out to explain this and we, the people, should be the ones to take action, if we want India is becoming a world power and we will grow even faster if we eradicate the illiteracy rates. 74 % of our population is able to read and write but that leaves more than a quarter of our whole country's population. Students do not have the proper appliances to even study and most of us carelessly misplace our stationary and books. The number of stationary that students of our school misplace can help students from two schools. Coming back to our first point, the amount of money spent by the government to support education is, in our opinion, not the most that our country can do. We believe that the government should spend more on the schools' hygiene, appliances and staff.

If your friends and you donate all the books that we do not need to an organization that you find reliable, you could help a small village. If you donate even a small amount of the fortune you have, you could help an entire family and be the spark to their future and trust me, the feeling of helping people is more than you can ever imagine.

Our team is growing an idea and making it real, and we hope we can have you and the school supporting us. Let us all help our country and make our India shine.

-Krish, Madhav and Anish

My Hidden Talent

My friends and I were in the middle of a fight. During the lunch break I tried to concentrate my feelings into words. Soon I was able to merge the words into a song. Then I separated the chorus and the verse. I couldn't believe that I, "Harishna had written a song". It seemed impossible to me at that time. I was so elated that I could find a song that I could relate and it was an original! Well we eventually got over the fight. When we got back together there was still some awkwardness in the air. The song definitely made it a lot better and in a few minutes we were back just like the old times. Now I can accept the fact that I write songs and continue to write a lot of them.

- Harishna, Gr 7A

No Capo

Intro:

C G Am F (x2)

[Verse 1]

C G Am F

Running, chasing, jumping

C G Am F

Laughing, teasing, smiling

[Chorus]

C G

Remember what we were? Look
what we've become

Am F

Smiles are all gone replaced with a
crying face

C G

It was just the four of us

Am F

And now I feel incomplete

[Verse 2]

C G Am F

Fighting, yelling, crying

C G Am F

Frowning, screaming, sobbing

[Chorus]

C G

Remember what we were? Look
what we've become

Am F

Smiles are all gone replaced with a
crying face

C G

It was just the four of us

Am F

And now I feel incomplete

C G

It was just the four of us

Am F

And now I feel incomplete

C (slow single strum)

THE TRIANGLE OF DOOM

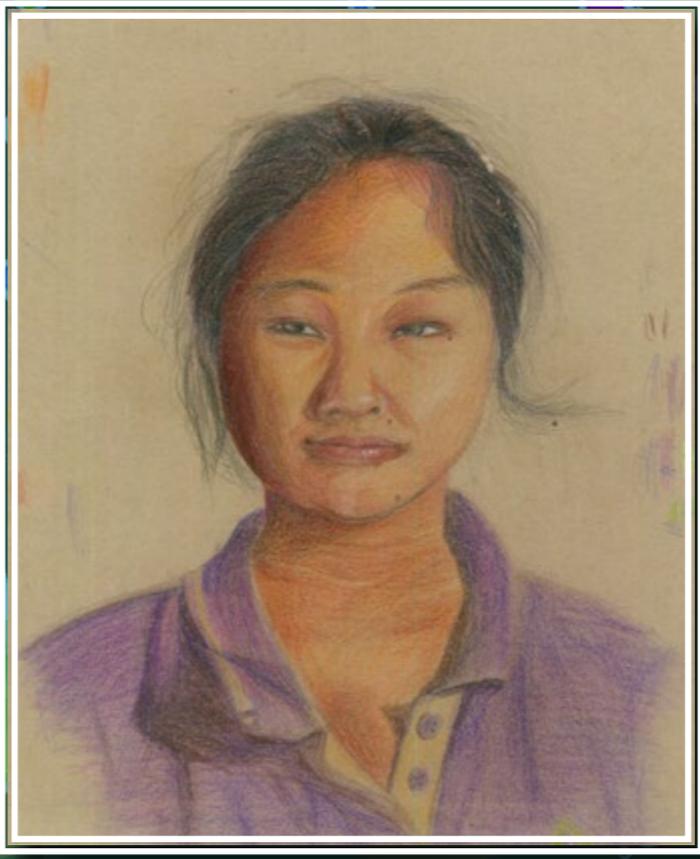
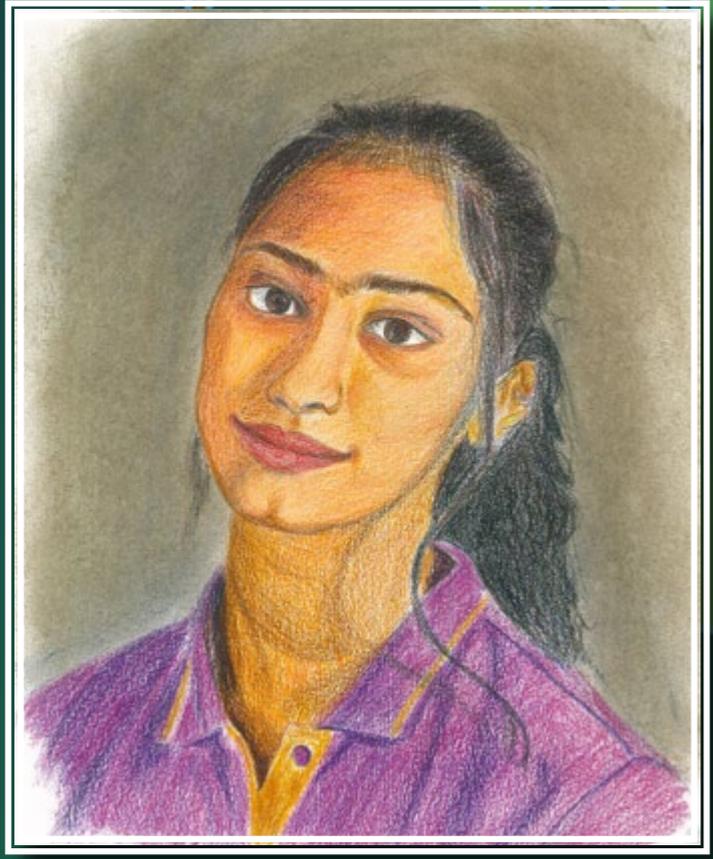
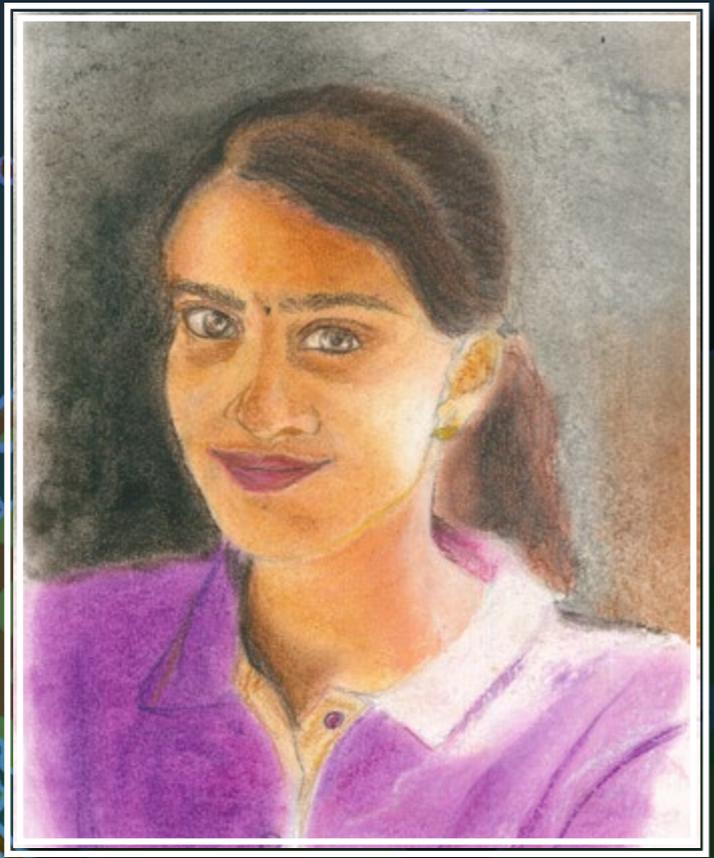
We have all encountered various triangles in life, especially when we try to recall the sine, cosine and tan formulas for our math exams or any other types of triangles. The most terrifying one (*apart from the right angle triangle demanding the use of the pythagorean theorem*), is the devil's triangle, formally known as the Bermuda Triangle. This is the large area in the Atlantic Ocean between Florida, Puerto Rico and Bermuda.. This place is well known for the disappearances of more than **300 ships** and about **75 aeroplanes**. These, have never been found.**(OH MY GOD!)** There are various theories for this exodus such as watersprouts, aliens and even sea monsters. There are various theories about the sea monsters who live under the bermuda triangle which people say is the cause of these missing ships, aeroplanes and crew members. But really, how can these fishes swallow huge chunks of metal and us homosapiens? Impossible.....or not.

Some of the most famous disappearances start from 1918 on the 4th of march , where an american ironclad steamer with 309 crew members went missing. They were off to supply fuel to the US. In 1967, Burrack, a famous owner of a popular hotel, went to the shore of Miami with his dad to have fun during Christmas time (*Spoiler alert: The ending isn't how it was meant to be*). They could hear the vessel hit something and asked for backup. BUt in 20 minutes, before the crew of members could arrive, they disappeared, nowhere to be found. The most recent one was the El Faro cargo ship which sailed in 2015 (*and well, provided us with a Halloween Edition from the Bermuda Triangle publications PVT LTD.*) It went missing on 1st of october and was only found on 31st october. That was the only ship which was found within a span of a month.

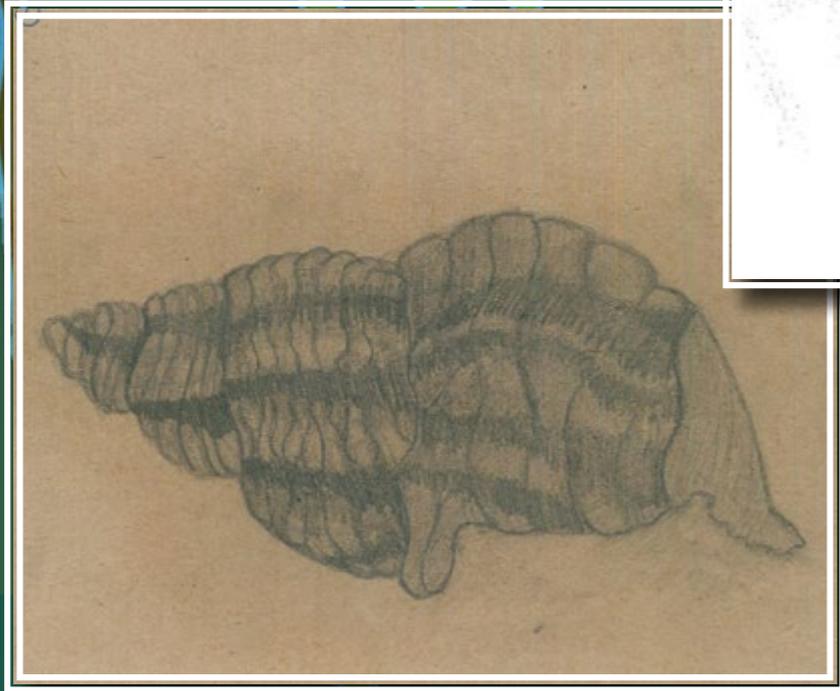
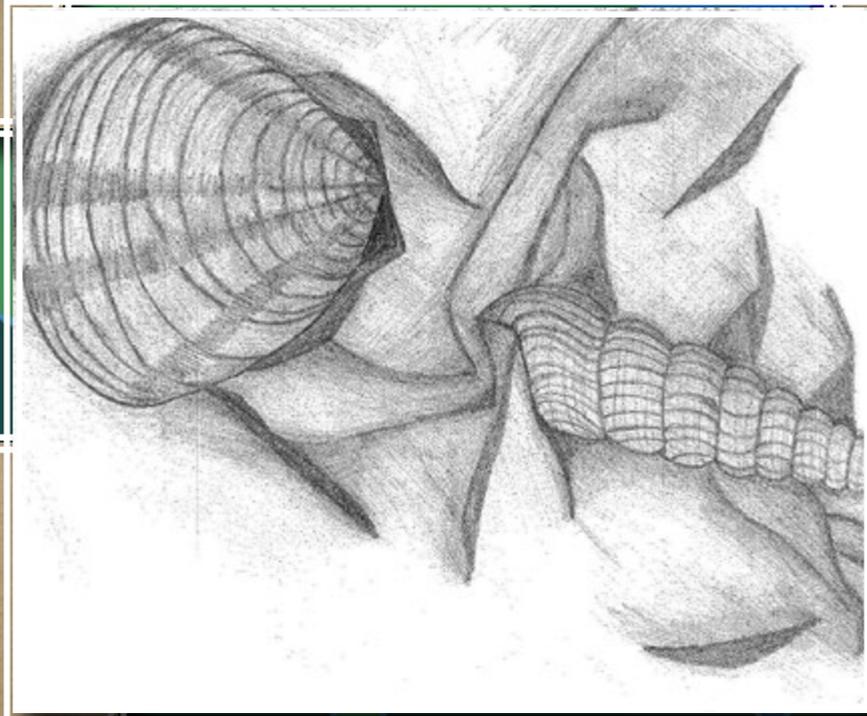
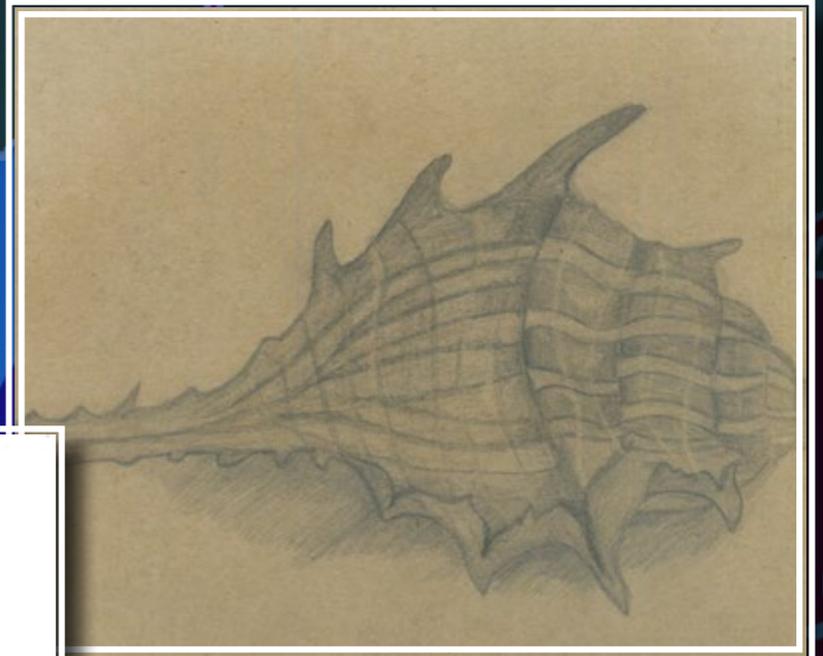
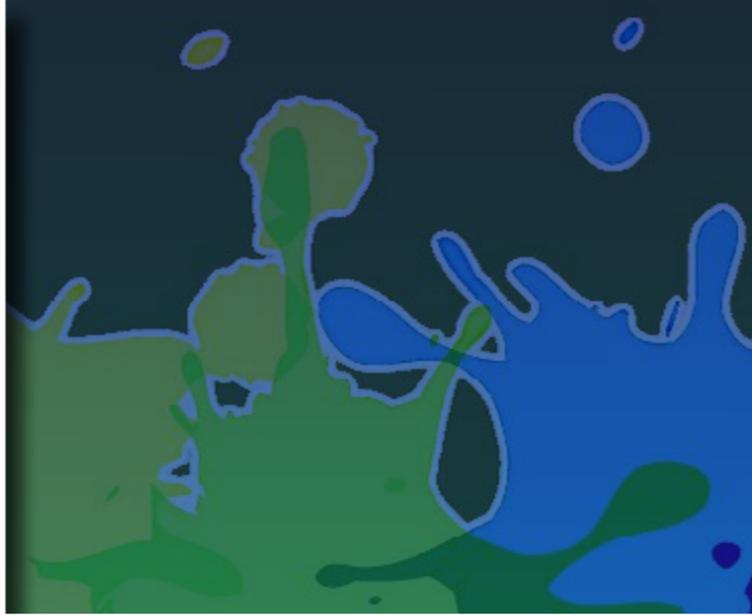
There are MANY incidents like this but mainly, there has been a near solution which has been found. A group of scientist and meteorologist from the university of Colorado, reviewed the satellite images of the area, and the images were shocking. There are unusual hexagonal clouds over the region. This might act as "air bombs". These could be the main causes of deadly blasts of air, ove 170 miles/hour. The wind generates waves of about 45 feet in length. These clouds can ONLY be found in this region and scientists don't know the real reason why. This is all a mystery with millions of theories. Keeping this is mind - that triangles can cause death too - please concentrate on pythagoras theorems and pass with flying colours, or you could end up dead.

- Adithya Narayanan, Gr 10

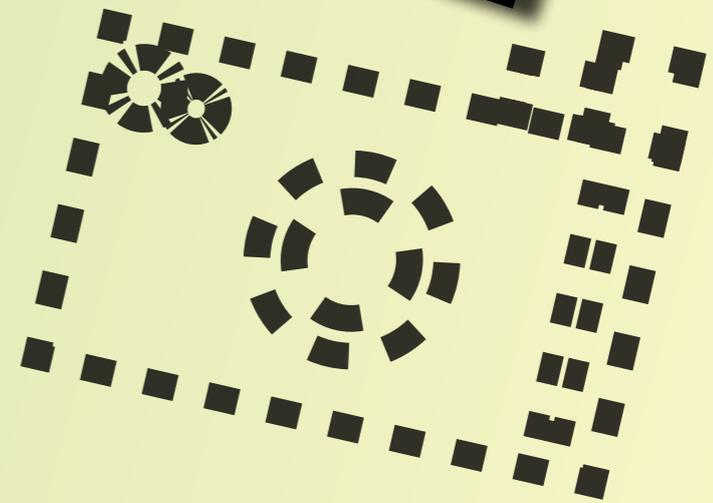




Leoni, Gr11 D



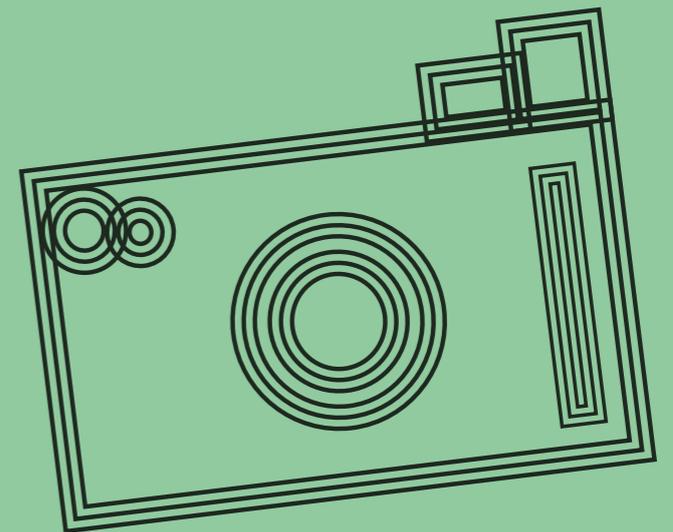
Neha, Gr 9 C



Indhujan, Gr 9E

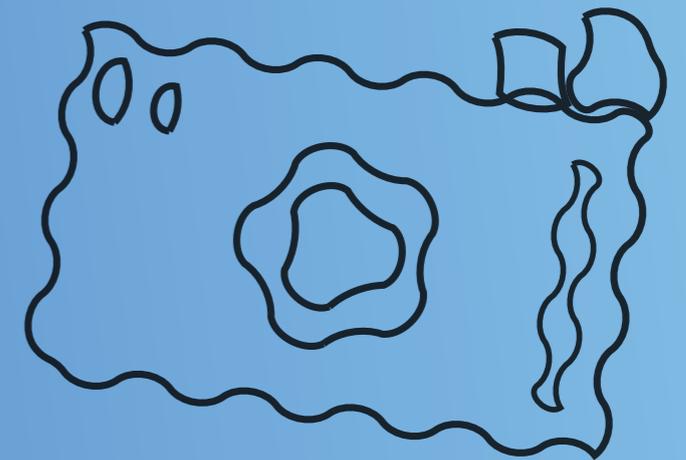


Mira, Gr 9 E



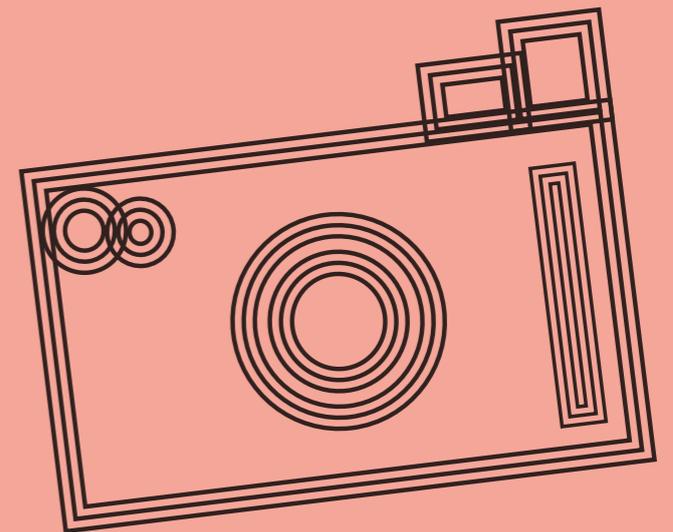


Soumil, Gr 9 E





Tara, Gr 9 A



Cookery Club

In this semester more students have shown interest in cooking and they started with discussion about seasonal fruits and vegetables. Students were asked to prepare recipes about the same and then they started cooking **chilly cheese toast , potato wedges, butter roll, and paneer tikka**. Apart from cooking they also learnt about personal and food hygiene while cooking and about the techniques of cooking.

Wordsworth Club

The second Semester Wordsworth club began with a bang. The session began with ice-breaking games. The students enthusiastically participated showing off their latent talents. To name a few they enjoyed playing **Destination charades, Miming, Memory games and Story-building**. Just A Minute seemed their all time favourite and they thoroughly enjoyed doing it.

Organic Farming

In the Second semester, the students harvested most of the veggies that they had planted. **Malabar spinach, Radishes, Ceylon spinach, Karamani and Gonkura leaves** were some of the produce that they harvested. They sowed corn seeds, Cleared and readied the soil for more seeds to be planted. They worked on the Miyawaki method of planting and used the compost from the school decomposer and the dry leaves to fertilize and mulch respectively. On 14th of December they presented their learning at the assembly. This was much appreciated by the audience.

Girl Up

In the second semester of Girl Up, members took part in various projects. For instance, the Bake Sale, raising funds for the Kerala Flood victims and the Girls Count petition. Students managed to successfully raise **Rs.1,27,000** and collect 10 boxes of sanitary napkins. The money gained was then donated to the reconstruction of an all Girls School, in Trishur, Kerala. In addition, the members conducted a petition where **14 members of Girl Up**, went around to all classrooms from **grades 8 to 12**, to collect signatures. The petition was actually to push USAID and the U.S State Department to release a congressional report on the Girls Count Act.



The Roller Coaster

I sat on the monster
Which was the roller coaster
With all its might
It was as fast as light

I sat like a scared deer
It took a million years
And I was bored
And I snored

Whoosh.... Slosh....
The sudden splash!!!
I felt ice cold water
And nothing else mattered.
For a second I was on Neptune

I became a wolf
Shrieking and howling
Drying and rolling
Did I get hit by hailstones?
Can I eat those ice cones?

Millions of mugs of meteorites
Pour down on me
Drowning me
Soaking me!!!

Then comes the jolt
Next goes the bolt
And finally the halt.

- **Keshav.P, Gr5 B**

Short Horror Stories

I go to tuck in my brother in his room. As I tuck him in he whispers "Big brother, can you check if there is a monster underneath my bed?" For the sake of my brother's honey-sweet request, I bend and check underneath the bed. I found an exact replica of my brother who was crouched like a puny rat whispers. "Big brother, there is someone on my bed".

It was a pleasant evening. I was playing catch with my little brother in our backyard. We had a lot of fun and we both had severe pangs. I quickly ate my dinner and went to my room. I laid down in my bed and relaxed my body. I looked around my room, trying to find my brother but he was nowhere to be found. I shouted out to my mother "Mom where is my little brother?" My mom replied in an enigmatic tone, "Honey, you don't have a brother."

- **Tarun Hariharan, Gr7 D**

CHARLIE SAVES THE TOWN

In a small town there lived a little boy named Charlie. He was 8 years old and looked very weak. Since he looked very thin and weak all his schoolmates teased him and made fun of him. Charlie was very upset about this and felt very low when people teased him. One day, as usual he prayed to God that everyone should like him before his bed time. The next morning, he saw a spider web in his bed and he realized that it bit him. He got a magical web power and he happily played with it by slinging web to school and reached on time.

In the meantime, there were lot of robbery incidents in his town and many of his friends, relatives' houses were robbed. The entire town was shocked by the incidents and all of them planned different ways to stop the robbery, but still it continued. The entire town was very upset and the leader of the town advised everyone to stay careful.

On that night, Charlie saw the robbers entering the nearby bank and quickly used his web power to sling the web on the robbers. The robbers got caught in the web and Charlie quickly informed the town people by making big noise. All of them arrived and police took the robbers to Prison. The police appreciated Charlie for his bravery and the entire town celebrated him for his great accomplishment. Charlie felt very happy and decided to use his web power for the betterment of his town and to help the needy.

- **Hayagreev Ramesh, Gr4 B**

Junior Corner

Fire Brackers

Boom! Crack! Fizzle!
Sparks fell everywhere in a bright drizzle.
Flashing flamboyant flames flow from the
flowerpot,
As we delightedly light the crackers we
bought.

Chakris spin in a deadly dance,
While people watch it in a trance.
Lamps are lit around the house,
In heavenly light the world they douse.
Laughter comes from everywhere as we eat
more sweets than is our share.
Boom! Crack! Fizzle!

- **Reyansh Srinvastava, Gr5 D**

That Lady

It was night and I was solitary on the highway. I was driving off really fast to get to my hotel as it was dark and no one else was on the road suddenly I could see an old lady running towards my car at a distance. I felt nervous and increased the speed of my car thinking that I could dodge her, but my car ran into her.

I jumped out of the car to check whether she is still alive. She was dead by the time I ran to her. I did not know what to do and just moved her body off the road. I was really feeling sorry for this lady and I thought she was poor. So, I removed my diamond ring from my finger and inserted to her finger hoping that when her family members find the body they would get the ring and get benefited that way. After doing this I got back into my car and drove away.

I still remember the face of that lady. This always gives me nightmares. Three month later, my friends and I went for trekking in the mountains. On the way I got lost and separated from the group. I saw a hut on the top of the mountain, as I was feeling thirsty, I decided to go to that hut and ask for water. I knocked on the door and an old lady opened the door.

I couldn't see her face properly. I asked her a glass of water and she gave me one. I noticed that she was wearing my diamond ring which I gave it to the old lady I killed three months earlier. I asked her " Excuse me Mam, from where did you get the ring?" The moment I asked her this, she ran to the door and stared at my face and said "don't you remember, three months earlier, you gave me this ring. It was nice".

The call of the blood

It was close to midnight and I was still sitting in front of the TV. The news about a psycho serial killer was on and it said, " if your home alone, be safe". The news actually showed his picture too. I got worried after seeing this news and switched off the TV and went to bed.

I had just started sleeping when someone was banging at the door really hard. I peeped through the glass and to my shock it was the psycho killer. I ran to the phone and called up the police and explained everything. They replied they would come as soon as possible. When I went back to check, the killer had left.

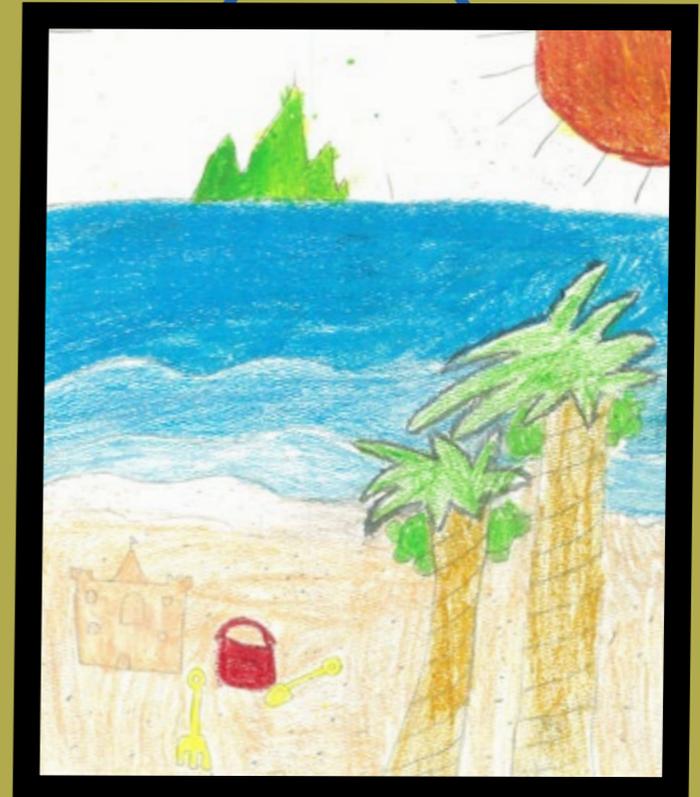
After few minutes, someone banged the door. It was a man with a police uniform. I was first relieved thinking that I was safe but then noticed the police had masked his face. He came in and started searching the place. He did not even want to talk to me.

Suddenly I got a call on my phone. When I picked up, it was the police and they said that they might take 10 minutes to come and asked me to be careful. When I told them about the masked police officer, they said they had not sent anyone. I dropped the phone in shock and suddenly I heard the door slam shut.

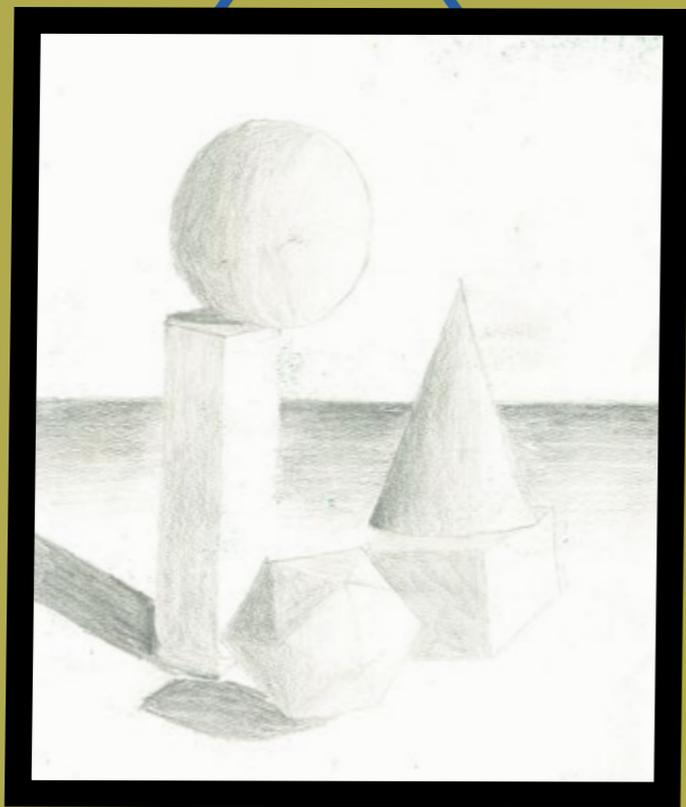
- **Shivanarayan, Gr 7 D**



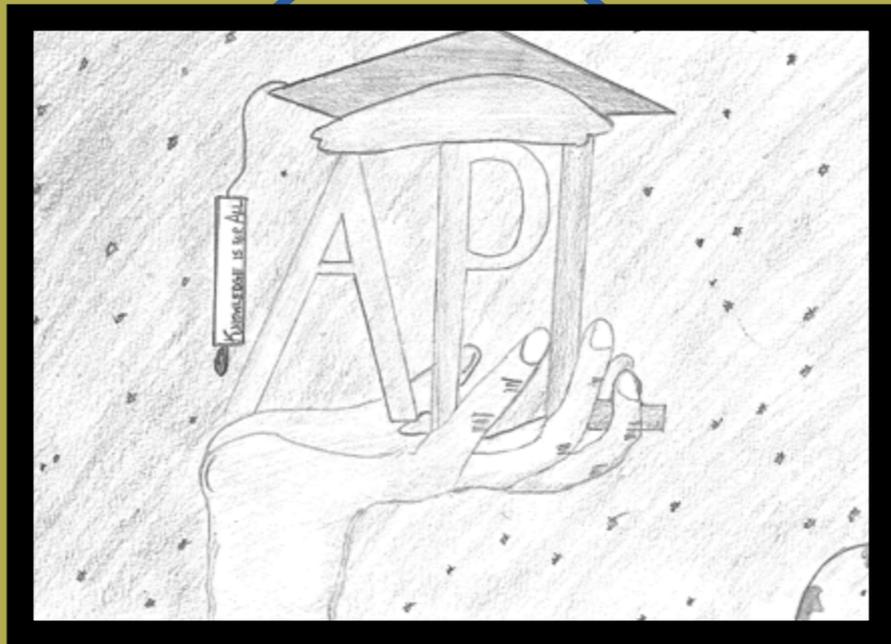
Adity, Gr5A



Aryika, Gr5E



Aniruddha, Gr5A



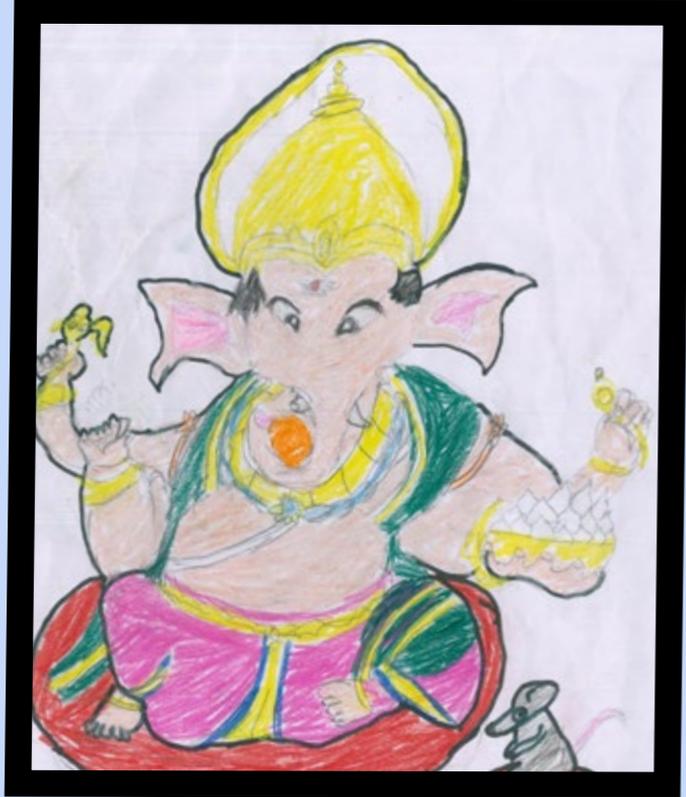
Adity, Gr5A



Shreyas Kumar, Gr7 D



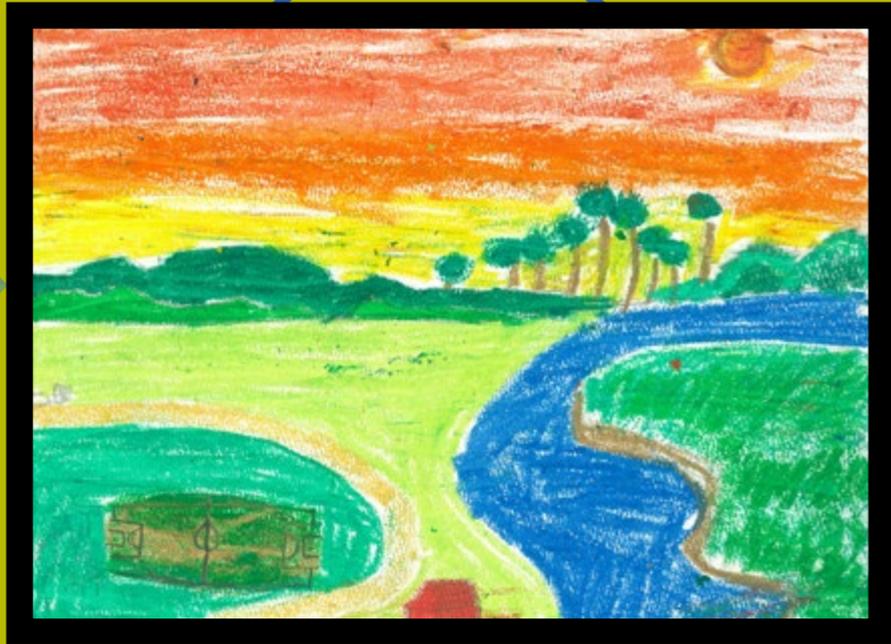
Ga Eun Kim, Gr3 B



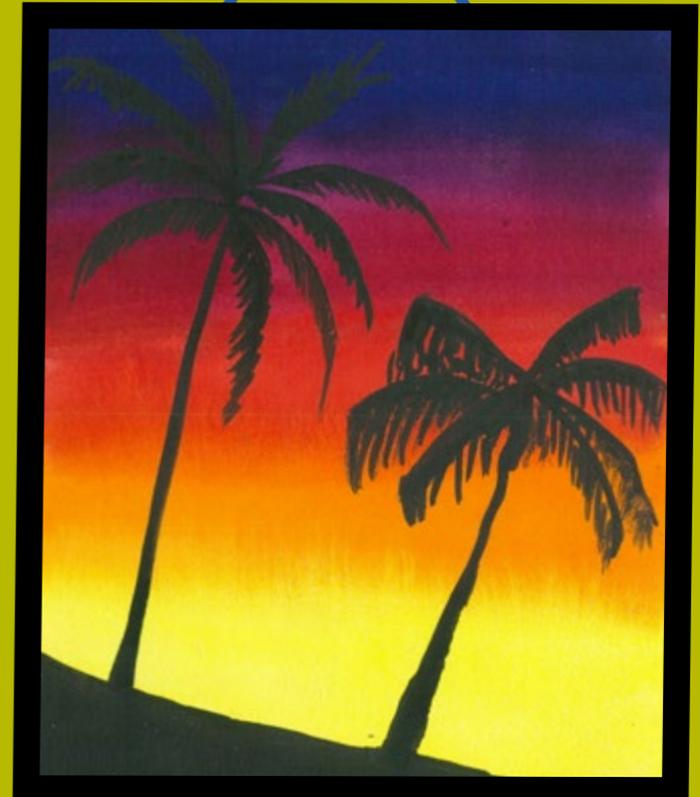
Keshav, Gr5 A



Pradyun, Gr6 E



Saikishore, Gr6 C



Shreyas Kanna, Gr5 B



Yuvan, Gr6 B



There's always this unabashed contentment when we look back at the way our elementary team brings about so much of energy into any adventure they take up. Of course, October and November has been nothing short of celebration for the team. With all the streaming events, daily activities, field trips and festivals we had the ups and downs of putting everything in order. Our kids were nothing less than overjoyed, participating in every possible manner.

ILP was the first target we needed to crack. The kids started with preparing of an invite for their parents. We saw them fervently in pursuit of making cards from scratch and helping their teachers set the classroom up with their work. On the days of the respective ILPs, we had parents, who were just as excited as their kids. There was absolutely no shortage of energy from either side. The kids would flamboyantly explain their journey through the months in school and all that they had learnt and achieved in such a short time.

With the kind of diversity we have in school, it never fails to surprise us when everyone equally contributes towards a festival with such uninhibited vigour. Diwali celebration in school was nothing short of a blowout of colours and enthusiasm. Children came dressed up in traditional clothes and performed in their classes rejoicing the spirit of Diwali.

We also had a parent volunteer in creating a more visual clarity towards the roles of community helpers. He visited every section of the grade explaining the role he plays through his occupation in building the community and making it a stronger entity. Having a role model to look up to seemed to only have encouraged the kids in establishing the role they would play someday in contributing towards the community.

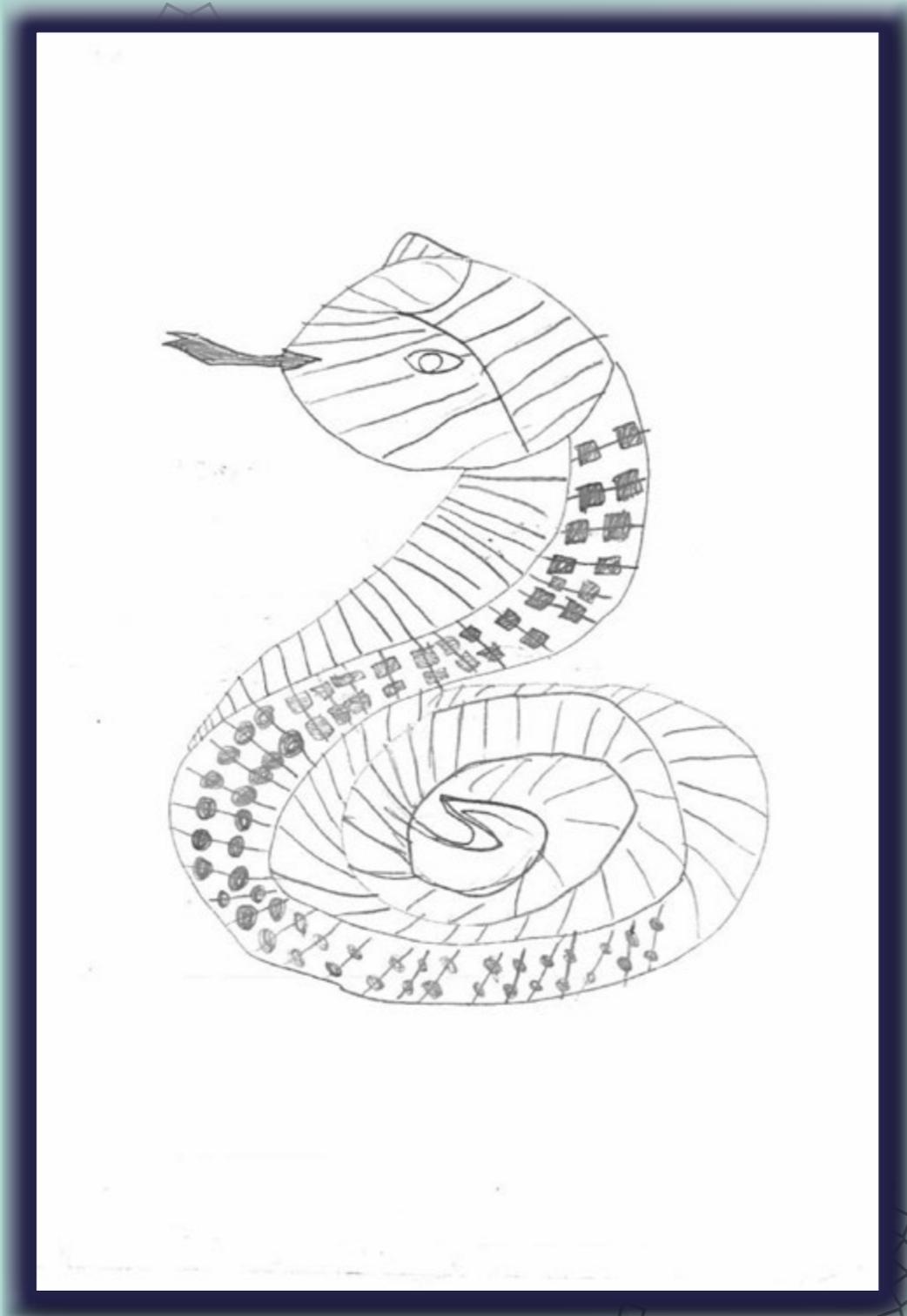


When it comes down to celebrating children's day, our teachers always put their best foot forward. This year was nothing if not just a bigger and better feast. It started with the cake cutting in every class. A mini Carnival Fest was set up for the children with outdoor and indoor activities with various games. The teachers encouraged all the children to shed their inhibitions and throw a complete blowout. The kids came out to show their talents to their fellow classmates which were an absolute joy riot. The teachers also put up the standardized Children's Day show for the kids. The absolute joy that flashed on everyone's face with every single performance, the ecstatic howls and encouraging pirouettes from the kids was all the encouragement the teachers wanted. That utterly made up for all the extra hours the teachers put in beyond their regular classes. Seeing the children dance along with the teachers, made it clear of how much the children look up to their teachers.

Exploring the surroundings is just as important to a child's all-round development as a classroom recital. Our field trips were embraced with much enthusiasm from every side. The parents, children and the teachers were equally excited through the course of the same. Children were taken to places like a pet shop, the post office and the farm. Children showed no less enthusiasm to the prospect of going to these places with their class. It is always heart-warming to see the kind of generous hearts these children have, who seldom hide their affection towards all kinds of living things.

Monotony is out of question when it comes to these tiny tots. Every day is just another adventure, and it only keeps getting better. We can never get tired of the bounty of energy in elementary. It's always a jump from one joy ride to another.





Ezra, Gr 2 C



Ji Young, Gr 2 C



Kayal, Gr 1 C



Leona, Gr 1 D



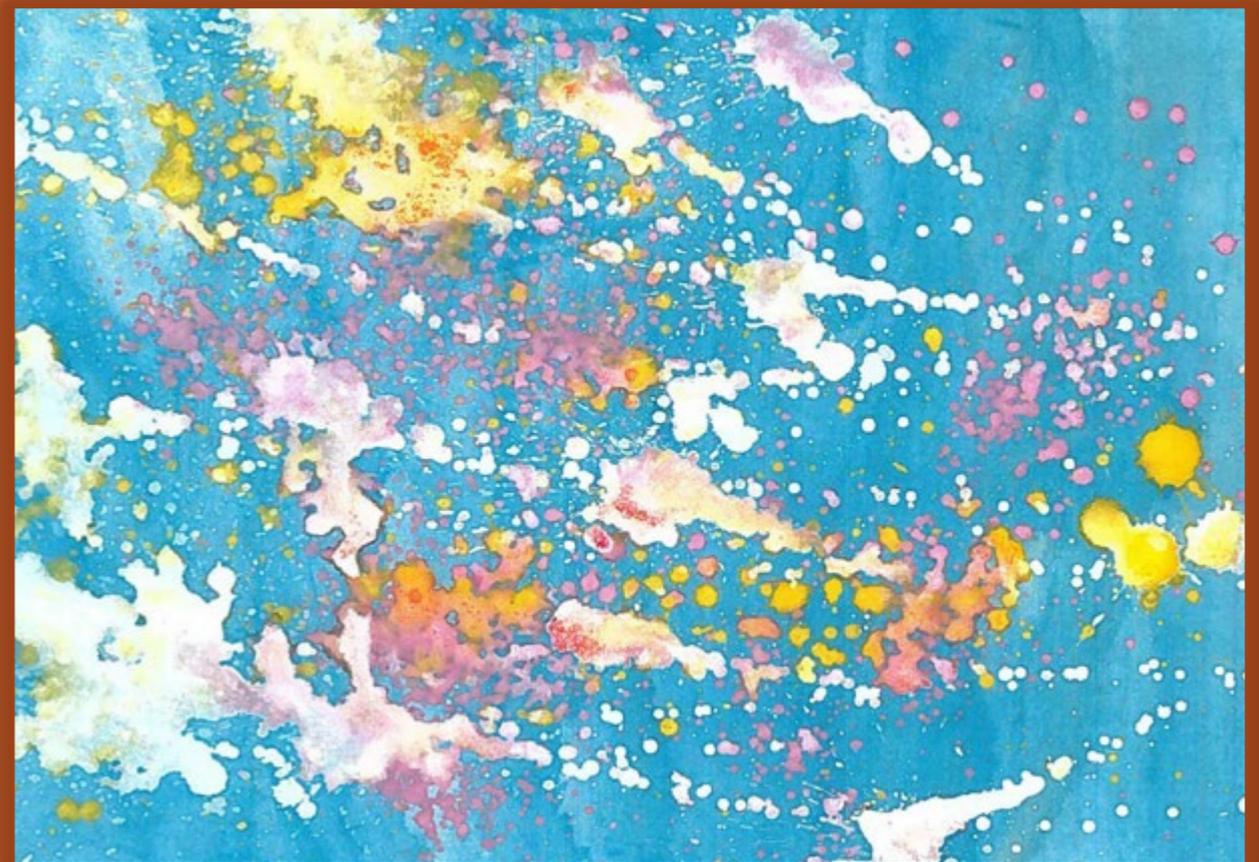
Mithil, Gr 2 A



Sahana, Gr 1 C



Seoyun, Gr 1 D



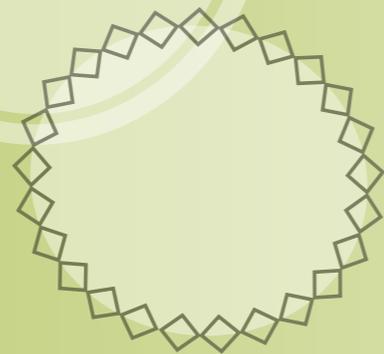
Sahana, Gr 2 C



Yashika, Gr 2 E



Thrivikram, Gr 1 E



Peanut Butter Balls

You Will Need:

- Powdered milk 1/2 cup
- Peanut butter 1/4 cup
- Waxed paper
- Honey

How To:

1. In a bowl, add honey, peanut butter and milk powder and mix well.
2. Once the mixture is ready, make small balls and put them on waxed paper.
3. Refrigerate it for some time. Enjoy!



Rainforest Sundae

You will need:

- Frozen yogurt or vanilla ice cream
- Chocolate syrup
- Chunks of banana, mango or pineapple

How To:

1. Place the bananas, mangoes and pineapples in an ice cream dish.
2. Add a scoop of yogurt or ice cream.
3. Top with drizzles of chocolate sauce.



Creamy Potato Bake

You Will Need:

- 4 potatoes
- large sliced 3 spring onions chopped
- 3 bacon rashers chopped
- 300 ml cream
- 1 cup cheddar cheese grated
- 1 pinch garlic powder

*to taste 45 g cream of chicken instant soup

How To:

1. Preheat oven to 180C.
2. Sauté chopped bacon and set aside.
3. Place a layer of potatoes into a casserole dish, sprinkle with garlic powder, bacon, and spring onions.
4. Repeat layers 2 or 3 times then sprinkle cheese over top.
5. Combine soup with cream and pour over potatoes.
6. Bake for 40-60 minutes.



Tulasi, Gr 9

Nutella Doughnuts

Equipment

- 1 bowl
- 1 snap-lock bags
- 12 hole mini donut pan

You Will Need:

- 2/3 cup Nutella chocolate hazelnut spread
- 2 eggs
- 6 tbs plain flour
- 1/3 cup Nutella chocolate hazelnut spread *extra *to decorate
- 1 tbs oil

How To:

1-Preheat oven to 160C and grease your donut pan with flavourless oil OR turn on your donut maker (you won't need any oil if you use the latter).

2-In a mixing bowl, combine the nutella, eggs and flour together until mixed thoroughly.

3-Transfer mixture to a medium snap lock bag and cut the corner tip cut off. Pipe the mixture into the donut pans until each is approximately 2/3 full.

4-If using a donut pan, bake in the oven for around 10 minutes until they spring back when pressed. If using a mini donut maker, bake for 2-3 minutes.

5-Allow donuts to cool completely before icing with extra nutella.



Mini Pizza

You Will Need:

- English muffin half
- Pizza Quick sauce
- Shredded mozzarella cheese

How To:

1. Apply Pizza Quick sauce on the muffin
2. Sprinkle mozzarella cheese on top
3. Microwave it in the oven for 10 minutes.



Strawberry Shortcake Smoothie

You Will Need:

- 1 c (150g) frozen unsweetened strawberries
- 3/4 c (180mL) nonfat or non-dairy milk
- 1 tsp (5mL) butter extract

Optional: Truvia or other sweetener, to taste

How To:

1. Add all of the ingredients to a blender in the order that they're listed, and pulse until smooth. Serve and drink immediately.

Notes: Any milk will work! 1%, 2%, almond, soy, coconut... Just use whatever you already have in your refrigerator.



Freneta, Gr 9

Chocolate Pie

You Will Need:

- Instant chocolate pudding
- Whipped cream
- Cracker pie

How To:

1. Apply chocolate pudding on the pie crust.
2. Top with the whipped cream- Enjoy!!



puns and jokes

- 1) *I don't trust these stairs. There always up to something*
- 2) *Why don't programmers like nature? it has alot of bugs*
- 3) *My job at the concrete place is getting harder and harder*
- 4) *I'm glad i know sign language. It's pretty handy*
- 5) *The first time i got on a elevator was very uplifting.*
- 6) *Something about subtraction, just doesn't add up*
- 7) *I used to have a fear of hurdles, but i got over it*
- 8) *I only do great things on saturday because monday is a weak day*

Crunchy Ribbon Salad

You Will Need:

- 2-3 Iceberg lettuce (teared)
- 3-4 Rocket leaves (teared)
- 2-3 Romaine leaves (teared)
- 1/2 Carrot (sliced into ribbons)
- 1/2 Cucumber (sliced into ribbons)
- 4-5 Cherry tomatoes
- 1 Spring onions (cut into chunks)
- 5-6 Black olives
- 5-6 Green olives

Dressing:

- 2 tablespoon white wine vinegar
- 2 tablespoon olive oil
- A pinch of mustard powder
- To taste salt
- To taste pepper

How To:

1. Wash all the vegetables nicely.
2. In a bowl mix together all the salad ingredients.
3. In another bowl whisk together oil and vinegar with some mustard powder. Add salt and pepper.
4. Pour the dressing over the salad. Enjoy!



Teachers have mentors too!

We recently learnt about the training department in our school and decided to find out more about it. We spoke to Ms.Asha and Ms.Preetha and here's what we found out.

The teacher mentor center or more formally known as the training department helps teachers balance their schedule and helps them develop their portfolio and teaching skills. In order to do this they hold workshops both internally and externally.

Teachers can also sign up for courses held by cambridge to enhance their skills. This year a total of four permanent and four temporary teachers work under this department.

This program takes care of teacher's needs with respect to both their personal and professional lives. This program has been going on in our school for about 10 years so far and will continue in the future. The average amount of workshops held in a year is around 20 and is not only open to teachers of our school but teachers from other schools as well.

- **Freneta (9b) and Tulasi(9c)**



In Conversation with our French Teacher



Where were you before you moved to chennai?

I lived in Bangalore for about 6 years before I moved to chennai.

Have you always wanted to teach french?

Yes, French as a subject has always fascinated me.

How is teaching in APL different when compared to other schools?

Apl has created a space where not only the students but the teachers also get to learn more , both about themselves and about others. It helps you grow into a better human being.

Do you enjoy teaching in APL global?

Yes, APL is different from other schools. I was welcomed warmly by all the staff and really enjoy teaching in apl. The students are also very accomodating and friendly.

- **Tulasi, Gr 9C**

"Aishwarya joined APL when she was in the 5th grade, as a quiet and timid child. She is now almost in her last year of her schooling, and her journey as a student and as a person is one that has been largely influenced by APL. The opportunities she received, her amazing teachers and the conducive environment she was in throughout all these years has shaped her into the young adult she is today, and she has blossomed into someone ready to take on the world and its many challenges."

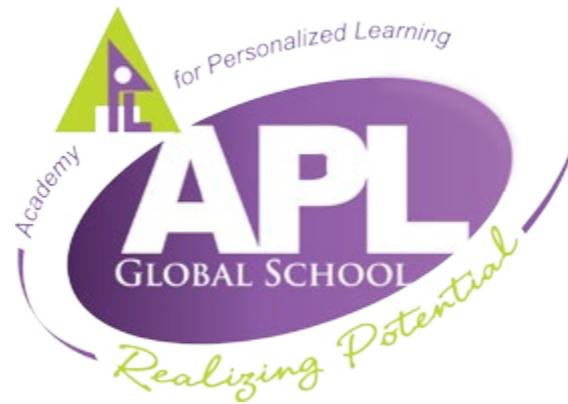
M/O Aishwarya (Gr 11)

APL as a school has been a very positive and enriching experience for both my daughter Tulasi as well for my wife and I as parents. The school provides an open and flexible environment where students are encouraged to pursue their strengths, interests and passions. The ethos is one of "less prescription" and "more application and doing" which encourages students to learn through research, curiosity and doing. Students can pace themselves based on their level of interest and their ability to grasp and apply. Overall APL is a very good school and we have had a great experience.

Arvind Prabhat Shankar (Father of Tulasi Gr 9)

APL has provided my child with opportunities to explore her passion for music. It has given her the freedom to explore various career and subject choices. APL has also shown that in order to grow as a human being children need to be taught how to include everyone and has delivered just that.

Deepa Ranjith (Mother of Shreshtha Gr 9)



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Send us your articles, stories, jokes, artwork , photographs or

Whatever you feel is interesting (150 - 300 words).

We would love to have your feedback too.

Write to us at editorial@apl.edu.in or

click on the link below and leave your comments:

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